

The Yoga Centre



Jan Watson
Certified Iyengar Yoga Teacher

TIMETABLE 2018

129 Mulgrave Road
Cairns

DAY/TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 am 7:45 am							
8:00 am 9:30 am						Flow Class	
10:00 am 11:30 am		Iyengar Yoga				General Yoga	
4:00 pm 5:15 pm	Iyengar Yoga					FEES \$20.00: casual visit \$80.00: 5 classes \$140.00: 10 classes \$95.00 monthly: 8 classes Direct Deposits ~ Jan Watson BSB: 633 000 Account: 138 596 481 Reference: your name	
5:30 pm 7:00 pm	Iyengar Yoga	Stretch	Iyengar Yoga	General Yoga			
7:15pm 8:30pm			Iyengar Yoga				

Beginners

Experienced

All Levels

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